

Discover a Community Where You're *STILL YOU.*

"I've always loved music. Playing my accordion and sharing songs with others still brings me joy."

— BERNIE, 77



Canterbury Woods

Moving to Canterbury Woods doesn't mean leaving behind the things that make you, you. The hobbies, passions and pursuits you enjoy today will still be a vibrant part of your everyday life here.

Here, you are given the time, freedom and support to live on your own terms. With zero home maintenance, exceptional amenities and an active community of neighbors who share your drive, you can spend your days engaging in the activities you've always loved – and perhaps even discovering a few new ones along the way. Your interests don't fade when you move – they flourish.



Explore how Canterbury Woods empowers individuality, so residents proudly say, "I'm Still Me."

Call (716) 929-5817
to schedule a tour.



For Amy and John, cycling has always been a shared passion. With wellness programs and amenities at Canterbury Woods, they can easily prioritize an engaged, healthy lifestyle.

"We've always loved cycling. Exploring new paths and staying active together still brings us joy. At Canterbury Woods, there are even more ways to keep our fitness journey exciting."

– AMY & JOHN, 79 & 80



Sue has always enjoyed the peaceful connection that comes from spending time in nature. She loves to birdwatch at her summer home in Olcott on Lake Ontario and has been able to share this passion here with her neighbors.

"I've always loved birds. Now, I feed them from my patio home, compare sightings, and go birdwatching with fellow enthusiasts at Glen Falls and other local spots. I can still be me and find peace in nature here."

– SUE, 75

Dr. Sharon Buckwald, a neonatologist who worked in the NICU at Maynard Children's Hospital, spent her career serving her community and touching countless lives. She continues to make a difference through community involvement and intergenerational connections.

"Caring for newborns and their families throughout my entire career has been one of the greatest privileges of my life. Now, I care for children in a different way. I find joy and purpose in volunteering and supporting the younger generation as they learn and grow."

– SHARON, 77

